

CLEO

SINGAPORE

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2019

#SHESTHEONE

Make Space

LUXE-AS-LIFE GETAWAYS

+ GIFTS WITH MEANING

Jorja

*The Singer And Muse
Living Her Life In Bloom*



Unwind with a massage at the Outdoor Spa Sala



Breathtaking views of Koh Rong Archipelago

LOST AT SEA

Love a good ocean view while you're at the spa? Song Saa Private Island gives you the perfect view of clear waters while you get your massage.

The spa here incorporates the Buddhist tradition of Metta Bhavana, or loving kindness, using Earth-friendly, natural products, too. Cambodian spa treatments are targeted around the main energy channels of the body. Try the Stillness Treatments for a sense of peace from within, Healing Treatments for awareness of the body, or Blessing Treatments to nourish and revitalise. Each treatment comes with a spa ritual and individual treatments.

As for facials, a popular face therapy treatment is the Rainforest Facial. It provides anti-aging benefits and uses raw ingredients from the Amazon Rainforest for a natural regeneration of the skin. The Song Saa Sanctuaries also has the Khmer Traditional Spa and Massage, a special local offering that uses traditional techniques with herbal oils.

To balance the body and mind, the Cambodian spa retreat also provides yoga and meditation therapies. You'll find your zen for sure with internationally trained wellness pros, yogis and meditation gurus.

WHERE Song Saa Private Island, Koh Owen, Koh Rong Archipelago, Near Sihanoukville, Cambodia **PRICE** \$\$\$\$ From \$2,178/night in the One-Bedroom Jungle Villa **CONTACT** +855 92 609 488; songsaa.com

TEXT: PAMELA CHOO; PHOTOGRAPHY: COURTESY OF SONG SAA PRIVATE ISLAND, JOU MALDIVES, THE PAVILIONS-HOTELS & RESORTS

"You'll find your zen for sure with internationally-trained wellness pros, yogis and meditation gurus."

AFFORDABLE LUXE

The Pavilions Hotels and Resorts aim to make guests feel recharged and ready to face anything after your stay. Make full use of the unlimited free massages they offer at **The Pavilions Phuket's** spa using locally sourced essential oils which will help you totally switch off. The signature is a two-hour Thai Silk experience with a refreshing mandarin orange scrub and a traditional Thai massage to release tension and increase flexibility.

Want to DIY your own self-care regimen but don't know where to start? **The Pavilions Bali's** organic spa holds masterclasses for exactly this. Expert therapists will show you a step-by-step guide on how to pick the freshest natural ingredients, prep your own 'skin superfood' and indulge in an at-home spa.

WHERE The Pavilions Bali, 76, Jalan Danau Tambilangan, Sanur, Bali, Indonesia **PRICE** \$\$\$ From \$272/night in the One-Bedroom Garden Villa **CONTACT** pavilionshotels.com/bali

WHERE The Pavilions Phuket, 31/1 Moo 6, Cherrngtalay Thalang, Phuket, Thailand **PRICE** \$\$\$ From \$272/night in the Hill View Suite **CONTACT** pavilionshotels.com/phuket

Take a dip any time during your stay at The Pavilions Phuket's Pool Villa



Warm Balinese interiors at The Pavilions Bali's spa

